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PAUSE & PRAY

New Habits Create Change
By Author Bobbie Cox

Please help us by praying for us. Then many people will give thanks for the blessings we receive in answer to all these prayers.

2 Corinthians 1:11 CEV



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Find Daily Encouragement to Live by the Fruit of the Spirit

Because of our overscheduled lives, many Christians relish God's Word on Sunday but struggle to find time to walk with Jesus throughout the week.

In *Pause and Pray @ 1:11*, Bobbie Cox offers practical reminders to cultivate biblical habits and thought patterns,

encouraging you to reflect Jesus' character every day. One small change today can extend his hope to everyone around you. This 365-day devotional contains

- entries themed to the fruit of the Spirit,
- Scripture to infuse your life with truth,
- messages to draw you closer to Jesus, and
- prayers to help you talk with God.

Allow Jesus to come alongside you to transform one life at a time, starting with yours.

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About the Author

Bobbie Cox is an entrepreneur and ambassador of encouragement who has been involved in kingdombuilding efforts around the world. She started the Branch to Hope app to encourage people to come together and renew their lifestyles through prayer. Currently living in the Dallas area, Bobbie also works as a freelance consultant, connecting ministries to people with valuable skills.

Suggested Interview Questions

- 1. You have been widowed twice and you have committed to live your life with God as your husband. What has changed in your life since you made that commitment?
- 2. What has changed in your relationship with God since your decision to view him as your husband? Did your desire to start a ministry come out of that intimacy with God?
- 3. What steps led up to the birth of your ministry Branch to Hope? How did your meaningful 1:11 moment inspire the growth of the Branch to Hope message?
- 4. You place great value on the awareness of our moments. Why do you believe these moments have such a profound impact on our life journeys?
- 5. Your book is unique in that it is interactive. Tell us how that works.
- 6. You say that your book has a daily call to intentionality that will ignite a spark of awareness in others around them. How will your book accomplish that?
- 7. You have created the Branch to Hope app and it includes something called the "Color of the Day Challenge." Could you elaborate on how this unique way to make a daily habit of living the fruit of the Spirit evolved from the moments of lifestyle changes you made?
- 8. What final thoughts about the message of Branch to Hope would you like to leave with our audience today.

Devotional Sample

LET'S BE PEACEMAKERS

"Blessed are the peacemakers for they will be called children of God".

Matthew 5:9 NIV

God blesses those who work for peace, especially when the world's peace is disrupted on all fronts. Panic, stress, and chaos loom all around, but when the atmosphere of peace is present, there's a brilliant light that cannot be ignored.

When someone barges in front of you in line or says a hurtful comment, it can be easy to say an unkind word to them or fume about them in your mind. But the peacemaker overlooks offenses because they never know what might be going on behind the scenes in someone's life to prompt their actions or unkind behavior. A peacemaker is forgiving and seeks ways to spread seeds of encouragement, which can spark a renewed peace within troubled souls. As peacemakers, we can make a tremendous difference in others' lives when we make a habit of living in the fruit of Jesus' peace.

Today's color of the day is green. Whenever you see something green, find a way to share Jesus' peace with someone around you. Consider calling someone who has hurt you to let them know that you have forgiven them. And then at 1:11 p.m., pause and pray with believers around the world, thanking God for the peace he has given you.

Jesus of peace, it's easy to allow our negative reactions to flare when we fail to pause and alter our responses in alignment with your character. We come to you today and ask you to please help us make a difference by being peacemakers to those around us.

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